



# **What to Do When the Doctor Says Its IBS: Alternative and Traditional Treatments for Irritable Bowel Syndrome**

*Leigh Fortson, Bing Lee*

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This is a repackaged of *The IBS Breakthrough*.

This book explores the nature and causes of irritable bowel syndrome and outlines the current treatment options. A large section of the book is devoted to the use of Chinese medicine to heal IBS, which has been proven in double-blind studies to have a dramatic impact on the symptoms of this debilitating disease. It is a great handbook for someone recently diagnosed.

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