



Nappy Hair State of Mind

Mrs Joan Walters

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Nappy Hair State of Mind is an empowering and enlightening book told through Author Joan Walters' recollection of her life-long hair dilemma. Having grown up as a black island girl, Mrs. Walters knows all too well the issues that plague young black women and girls when it comes to their hair. With a quick wit and often humorous approach, the author has compiled tips and tricks to ease your transition from long hours spent trying to tame your locks to embracing the beautiful natural hair you've been given. This book is designed to empower you to begin a new hair journey and learn how to live 'Nappily Ever After' without fear of rejection or backlash from others. Follow this hair revolution and embrace your true beauty.

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