



Coconut Oil: Coconut Oil for Beginners - 33 Amazing Coconut Oil Recipes for Hair Care, Natural Beauty, Anti-Aging and Beautiful Soft Skin! (Essential Oils, Natural Remedies, Homemade Beauty Products)

Christine Brown

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Coconut oil has been used for thousands of years on a daily basis, not only in food preparation but also for beauty. As from recent years, it has created a sudden boom in the beauty world for its many benefits for reducing cellulite, moisturizing dry hair and skin, and many other properties.

In this book we will focus on its cosmetic properties and recipes for dry skin, dandruff, dry hair, wrinkles, lips and much more!

Whether it be your skin, hair or even your teeth, coconut oil has all it takes to fix any problems you might have. From dry skin to bruises it is a remedy for everything.

Here is a preview of what you'll learn:

- Coconut Oil Uses For Healthy Hair
- Coconut Oil Uses For Beautiful And Soft Skin.
- Coconut Oil Uses For Your Lips.
- Coconut Oil Uses and Recipes For Cleansing.
- Coconut Oil Pulling.
- And Much More!

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