



**ESSENTIAL OILS AND AROMATHERAPY  
FOR BEGINNERS + COCONUT OIL AND  
APPLE CIDER VINEGAR BOX-SET#3: Secrets  
To Lose Weight, Detox, Prevent Allergies, Improve  
... Immune System (Relax Your Body And Mind)**

*Lisa Johnson*

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**ESSENTIAL OILS AND AROMATHERAPY FOR BEGINNERS + COCONUT OIL AND APPLE CIDER VINEGAR BOX-SET#3: Secrets To Lose Weight, Detox, Prevent Allergies, Improve ... Immune System (Relax Your Body And Mind)**

*Lisa Johnson*

**ESSENTIAL OILS AND AROMATHERAPY FOR BEGINNERS + COCONUT OIL AND APPLE CIDER VINEGAR BOX-SET#3: Secrets To Lose Weight, Detox, Prevent Allergies, Improve ... Immune System (Relax Your Body And Mind) Lisa Johnson**

**◆ ◆ WOW, AN AMAZING DEAL-NOT TO BE MISSED ◆ ◆**

**Unleash the Secrets of Essential Oils And Aromatherapy For Beginners + Coconut Oil And Apple Cider Vinegar**

**AS A BIG THANK YOU - LIMITED-TIME FREE BONUS INCLUDED!**

**BOOK 1: Essential Oils: Secrets Of Essential Oils And Aromatherapy For Beginners: 30 Recipes To Rejuvenate Your Skin, Improve Your Hair And Relax Your Body And Mind**

Are you tired of using different body creams that never give you that smooth skin or those pain killers and sedatives that never seem to relax your body and mind or are you looking to improve your hair using natural methods? If this is your predicament, then this great book, packed with loads of valuable information, brings you the solution you have been looking for. This all natural solution will help you rejuvenate your skin, improve your hair, and relax your body and mind. You can always find what works for you from the 30 unique, yet simple recipes outlined in the book.

The recipes are easy to prepare at the comfort of your home and uses readily available natural ingredients from your local groceries. That in itself, gives you the peace of mind to achieve your health goals. And that is not all, the fact these essential oils need to be used with other carrier oil add to the health benefits. Have you ever enjoyed a fresh cut of mint? If you have, then you have experienced the aromatic qualities of essential oils. These oils usually give plants their distinctive smells as well as offering plants protection against predators. Essential oils are crisp and clean to touch and are usually absorbed immediately into the skin. This not only rejuvenates your skin, but brings out a breath-taking aroma that you can fondly identify with.

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## **BOOK 2: Secrets For Using Apple Cider Vinegar And Coconut Oil - To Lose Weight, Detox, prevent Allergies, Improve Your Skin, Your Hair And Boost Your Immune System**

Are you taking too many medications? The modern struggle to take many different medications to cure or prevent many of these conditions, ceases with the use of Coconut Oil and Apple Cider Vinegar. Its unique properties will see all your health problems gone and you achieve the health that you have always desired. The all natural remedy: Coconut Oil and Apple Cider Vinegar bring you the natural solution to not only help you lose weight, but ensure improved skin care, hair care, and in treating many other conditions. Coconut oil recently been branded as the healthiest oil in the world. Its unique and countless properties in preventing diseases and maintaining a perfect health condition, makes it the king. Other benefits of Coconut Oil and Apple Cider Vinegar: \* Prevents and keeps diabetes in check \* Helps in treating high blood pressure \* Ideal for curing acne \* Cures and prevents sunburns \* Prevents common allergies \* Anti-aging remedy \* Helps keep off heart diseases and high cholesterol \* Strengthens your bones and teeth \* Cures Alzheimer's disease and many other neurological diseases \* Strengthen your body immune system \* Helps in speeding up your digestion \* Effective moisturizer ideal for massages \* Acts as anti-oxidants that shield your body against free radicals \* Stimulates your metabolism \* Promote the production of the growth hormones \* And Much More! Are your health goals diverse? The immense potential that lies within Coconut Oil And Apple Cider Vinegar will help you attain most of the health goals you have struggled with for years..

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