



# **Low Carb-ing Among Friends Cookbooks: 100% Gluten-free, Low-carb, Atkins-friendly, Wheat- free, Sugar-Free, Recipes, Low-Carb Diet, Cookbook VOL-2**

*Jennifer Eloff BEST SELLING author, Jimmy Moore, Lisa Marshall, Ginny Larsen, Jonathan Eloff*

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IMPORTANT! \*\*Get a Spiral-bound Volume-2 instead, FREE, when ordering the cheaper paperback\*\* BUT ONLY from EUREKA PUBLISHING! Low-Carbing Among Friends is a NATIONAL BEST SELLER cookbook series for the Low-Carb community by the World's most famous LC-GF recipe creators and the #1 Low-Carb team in the world! (1) Volume-2's recipes are stringently Low-Carb! 100% of the recipes are Sugar, Wheat and Gluten Free. IMPORTANT: Authors tested their recipes with a variety of Low-Carb sweeteners, NATURAL / artificial. It's easy to use our cross-substitution info for YOUR FAVORITE SWEETENER (2) It is a collaboration between 11 talented, innovative authors, 6 recipe creators, 4 respected doctors + 2 well-known low-carb personalities. They're coaches, health advisers, cheer leaders (3) Each book consist of 5-7 individual cookbooks of around 35-63 recipes each, showcasing the unique talents of each author PLUS we have a FRIENDS section of YOUR recipes! The team of 11 experts complementing each other perfectly, contributing advice, recipes + decades of learning, making this book very special for Low-Carbers! All recipes are less than 10g carbs/serving, most are less than 5g, from strict Induction to regular low-carbing. It's only partially a Paleo/Primal resource! Some 2/3rds of the recipes are for Meal-times and about 1/3rd are Breads, Desserts, Baking etc. If you're intolerant to gluten, have Celiac disease or prefer to avoid Wheat/Gluten products, you'll be thankful for this enormous resource, for awesome recipes that are Low-Carb, 100% wheat and Gluten-free! These recipes are incredibly innovative, simply wonderful breakthroughs! It's easy to create low-carb and sugar-free recipes, most people can do that. But it's much tougher to also make those recipes wheat-free, gluten-free -that's very challenging! We support you with websites, blogs, Facebook, many color photos + YouTube. You Save by ordering direct from: AmongFriends.us or BUY here at AMAZON with AMAZON PRIME shipping!

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