



Your Stomach: What is Really Making You Miserable and What to Do About It (Praktikos Health Series)

Jonathan V. Wright

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Most Americans suffer stomach problems. Many lead lives of utter misery. Whether you call it heartburn or acid reflux, this painful affliction is also associated with throat cancer. Shockingly, the problem may not be too much stomach acid, but too little! And antacids and acid blockers may actually be making the problem worse. This powerful little book offers solid scientific information about one of the most common and distressing ailments in America. There is also fascinating information about little-used all-natural supplements.

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