



Theories of Counseling and Psychotherapy: A Multicultural Perspective (5th Edition)

Allen E. Ivey, Michael D'Andrea, Mary Bradford Ivey, Lynn Simek-Morgan

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This continues to be the only counseling theory text that shows how and why to engage in the specifics of each major counseling theory. It is the most detailed and specific of all texts in terms of helping students actually practice counseling and therapy. The "Practice Competencies" provide students with specifics of how to use major strategies, allowing instructors to expect their counseling students to present portfolios of competencies indicating that they can actually engage in the theory as well as understand it. The text has infused multicultural orientation and illustrates how traditional theory can be adapted with many different populations.

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