



# Soft Words and a Strong Heart: Questions and Answers from a Consensual Slave

*Kate Ashland*

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## **Soft Words and a Strong Heart: Questions and Answers from a Consensual Slave** Kate Ashland

Forget 50 shades of fiction and online fantasy, what is it really like to live as a BDSM consensual slave serving a married couple? *Soft Words and a Strong Heart* showcases the ups, downs, challenges and deep devotion found in a consensual Master/slave arrangement. Balancing her kinky side with the demands of a high-power job and the choice to care for her parents and family, Kate provides Master Daniel and the Lady Gaye with companionship, domestic service, comfortable evenings and sensual bliss. Graciously, with a sly humor and gentle tone, Kate answers questions ranging from how to pour tea while naked to how to heal your heart when you Master decides to share his affections with another. Honest and sweet, this is an interesting look inside a life made by chains and full of freedom. Taken from her blog "Serving as Nature Intended," Kate deals with hard questions, interested admirers, attacks from angry anonymous petitioners and random requests. "What does it take to be a consensual slave? Soft words and a strong heart."

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