



# Challenges in Writing Your Dissertation: Coping with the Emotional, Interpersonal, and Spiritual Struggles

*Noelle Sterne*

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In *Challenges in Writing Your Dissertation: Coping With the Emotional, Interpersonal, and Spiritual Struggles*, Noelle Sterne, Ph.D., demystifies the dissertation-writing process. She offers practical strategies so this often overwhelming process becomes less intimidating to doctoral candidates. Sterne addresses common fears and hurdles students face when writing and defending their dissertations and provides inspiration and encouragement during this long stressful time. This important resource is a must-read for doctoral candidates.

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