



Nina St Tropez: Recipes from the South of France

Nina Parker

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Bringing to life another side of St Tropez and the legendary Côte d'Azur, Nina shows us a place where cooking has brought people together for generations and creates recipes inspired by locals, places and stories from her childhood here. She explores the real St Tropez and the surrounding area through its secret, scenic walks, eccentric bric-a-brac markets, vineyards and bustling communities of artists and fishermen. Oozing with charm and filled with classic French recipes for gourmet breakfasts, picnics, lunchtime snacks and dinner parties to impress, NINA ST TROPEZ represents family cooking from across the south of France - with that added splash of St Tropez elegance and glamour that's intrigued people for decades. Nina Parker has a passion for food. After university, she joined the team at L'Anima, London as a commis chef and fell in love with their style of cooking that uses fresh Italian ingredients with a rustic touch. She has spent time in some fantastic kitchens: from The Dorchester for Alain Ducasse, Tom Aikens, The Ledbury, to the unrivalled Senequier Bakery in St Tropez. Whilst working as chef for Bocca di Lupo's Gelupo in Soho, they won TIME OUT's 'best gelateria'. In 2012 she launched her own catering company NINA, dedicated to bringing a taste of her childhood to the heart of London and beyond.

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