



# Stop Second-Guessing Yourself--The Preschool Years: A Field-Tested Guide to Confident Parenting (Momma Said)

*Jen Singer*

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You didn't know you had to drill your child on how to draw the proper stick person to gain admission into the best preschool . . .or that there was a waiting list since your baby was in utero. When the other mommies give you the evil eye over a box of doughnuts, you realize that you must have missed the memo on playdate etiquette. As the saying goes, "Momma said there'd be days like these. . . ." Except your mother didn't. That's because parenting has changed since the days when stay-at-home moms spotted one another and swapped secrets across the back fence. Today, many moms feel like we're flying solo without a safety net, which?darn it!?you probably needed to send to school for Show and Share today.

In *Stop Second-Guessing Yourself: The Preschool Years*, Jen Singer, "The Internet's Favorite Momma," shares her must-know advice plus dozens of "what works" tips from other moms. In this manifesto for modern momhood, she gives the girlfriendly skinny on everything that could confound you during the preschool years, from sleep issues to sibling rivalry, from starting school to stopping whining, from potty-training to picky eaters. With candid confessions, prescriptive tips, and a much-needed dose of humor, this must-have resource will help moms like you lose the doubt and gain much-needed advice and a pat on the back.

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