



Freedom for His Princess: 30 Days to Refresh Your Soul

Sheri Rose Shepherd

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So many women love the Lord but still don't feel free. Instead their hearts are spiritually and emotionally enslaved by fear, insecurity, doubt, anger, codependency, depression, guilt, or pain from their past. But it doesn't have to be that way. Now bestselling author Sheri Rose Shepherd shows women how to break free and live fully as daughters of the King.

In *Freedom for His Princess*, Sheri Rose mentors women, guiding them past coping mechanisms and into true freedom in Christ. She shows them how to **F**ight, **R**un, **E**liminate behaviors, **E**mbrace the good God has for them, **D**o what needs doing, **O**perate in their appointed positions, and **M**ove on. Each day's reading includes an opening Scripture, a devotion, an application called Bible Life Coaching™, a love letter from God, and a closing "treasure of truth."

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