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The Oxford Handbook of Positive Psychology and Work examines what positive psychology offers to our understanding of key issues in working life today. Drawing on the disparate literatures from positive psychology, management, I/O psychology, and human resources, the volume begins with a consideration of the changing world of work that sets the context for the rest of the book and then moves into a specific consideration of work issues from the perspective of positive psychology. Chapters focus on such topics as strengths, leadership, human resource management, employee engagement, communications, well-being, and work-life balance. Now a portable paperback, this handbook is still a core resource for both researchers and practitioners interested in the application of positive psychology to work.

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