



Principles and Methods of Adapted Physical Education and Recreation

David Auxter, Jean Pyfer, Carol Huettig

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Designed for students of physical education, teachers, physiotherapists and sports therapists, this text provides coverage of physical education and recreation for the disabled including both task-specific and developmental teaching approaches. The content should help teachers of adapted physical education to design and conduct programmes that will help disabled students use motor skills in order to adapt to social, communal and recreational environments. This edition includes a new chapter on autism, providing information on new classifications, activities that will enhance childrens' functional capabilities, and effective approaches to autistic behaviour.

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