



Suicide: An Essential Guide for Helping Professionals and Educators

Darcy Granello, Paul Granello

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A useful and much-needed resource, this new book encapsulates the suicide literature into readable chunks, offering both practical skills and research based information.

The book provides a comprehensive approach to many essential topics related to suicide and yet maintains a practical readability that busy clinicians will appreciate. Well organized chapters explain the relationship of suicide to specific topics, including a thorough discussion of at-risk clients and multiple aspects of working with suicidal clients (history, assessment, crises management, special populations, prevention, and postvention). Through use of this material, helping professionals will gain insights, practical skills, and therapeutic confidence into their work with the suicidal individual. Readers will appreciate the practical tips, lists, resources, and case studies available throughout.

Features Include:

- Use of **case examples** and **studies** throughout.
- A **full chapter on assessment** provides solid practical information on a skill not often taught to pre-service helpers.
- Clinicians can find and use **Internet and published resources** throughout.

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